



# **Bible Study**

**Genesis – Trusting God's Plan from  
the Beginning**



Welcome to the beginning—literally!

The book of Genesis is where it all starts, from creation to covenants. This study will help you uncover how God's hand has been at work since the dawn of time and how you can trust Him with your story, no matter how chaotic life gets. Over the next seven days, we'll explore foundational truths about God's sovereignty, His promises, and His unrelenting grace.

Grab your Bible, a notebook, and maybe a cup of coffee or tea, and let's dive in!



## Day 2: Made in His Image (Genesis 1:26-28)

Key Passage: Genesis 1:27 “So God created mankind in his own image, in the image of God he created them; male and female he created them.”

Genesis 1:26-28 introduces the profound truth that humanity is made in the image of God. Unlike the rest of creation, humans were uniquely crafted to reflect His nature. This means we have the capacity for creativity, love, moral reasoning, and relationships. Being made in God’s image gives us inherent value and dignity, reminding us that our worth is not based on what we do but on who we are as His creation.

This truth also calls us to see others through God’s eyes. Every person, regardless of background or circumstances, bears His image and deserves respect and compassion. Reflecting His image involves how we live, love, and treat those around us. How can you honor God’s image in your daily interactions this week?

Reflection Question: How does knowing you are made in God’s image affect the way you view yourself and others?

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### Day 3: Resting in God's Plan (Genesis 2:1-3)

Key Passage: Genesis 2:2-3 "By the seventh day God had finished the work He had been doing; so on the seventh day He rested from all His work."

Rest is often undervalued in our busy world, but Genesis 2:1-3 reminds us that rest is part of God's design. After completing the work of creation, God rested—not because He was tired, but to set an example for us. Resting isn't about inactivity; it's about intentionally pausing to reflect, recharge, and acknowledge God's provision. The Sabbath was established as a sacred rhythm to remind us that our worth is not tied to productivity.

How often do you take time to rest and trust in God's sovereignty? Rest allows us to realign our hearts with His and reminds us that He is in control. By embracing rest, we can experience peace and renewal, knowing that our lives are held securely in His hands.

Reflection Question: What practical steps can you take to prioritize rest and trust in God this week?

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## Day 6: God's Promise of Redemption (Genesis 3:14-24)

Key Passage: Genesis 3:15 “And I will put enmity between you and the woman, and between your offspring and hers; He will crush your head, and you will strike His heel.”

Genesis 3:15 contains the first glimpse of the Gospel, often called the “proto-evangelium” (first Gospel). This promise foretells the coming of Jesus, who would ultimately defeat sin and Satan. Even in the midst of judgment, God’s plan for redemption shines through. He covered Adam and Eve’s shame with garments and began His plan to restore what was lost.

This promise reminds us that God’s grace is woven into the fabric of history. From the beginning, He was working to bring us back to Him through Jesus. How does this truth transform your understanding of God’s character and His faithfulness?

Reflection Question: How does God’s promise of redemption give you hope?

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## Day 7: Living in God's Plan (Genesis 4:1-26)

Key Passage: Genesis 4:7 "If you do what is right, will you not be accepted? But if you do not do what is right, sin is crouching at your door; it desires to have you, but you must rule over it."

The story of Cain and Abel illustrates the consequences of sin but also God's call to repentance. Cain's jealousy led to devastating choices, yet God's words to him were filled with compassion and guidance. "Sin is crouching at your door," God warns, "but you must rule over it." This shows that while sin is powerful, it is not uncontrollable with God's help.

Living in God's plan means daily choosing His way over our own. It's a journey of surrender and trust, knowing He equips us to overcome temptation. Reflect on areas where you need God's strength to walk in obedience and find peace in His guidance.

Reflection Question: What steps can you take to live more fully in God's plan?

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As we close this study on Genesis, we are reminded that trusting God's plan is the foundation of our faith. From the very beginning, God has had a perfect, purposeful plan for creation, for mankind, and for our lives. The stories of Adam, Noah, Abraham, Isaac, Jacob, and Joseph teach us that, no matter how unpredictable life may seem, God's plan is sovereign and full of grace. He is faithful, and even when we struggle to understand, we can trust that He is working all things for His good purposes.

Genesis also reveals that God's plans are often fulfilled through ordinary people—just like us. The heroes of this book were not perfect; they faced challenges, failures, and mistakes. Yet, God continued to work through them, reminding us that His purposes are not thwarted by our imperfections. His plan for our lives is far bigger than our shortcomings, and He invites us to step out in faith and trust Him every step of the way.

As you continue your journey of faith, remember that God's plan is unfolding in your life. Like Abraham, you may not always see the end result, but trust that God is faithful to His promises. Embrace the hope that comes from knowing He is in control, and walk forward with the confidence that His plan for you is good. Take heart in the lessons of Genesis and hold onto the truth that God's plan is always worth trusting.